

Staying Safe During COVID-19 and Beyond

RESOURCES FOR SENIORS AND THEIR LOVED ONES



Vaccines &
Cure

Air Filters

Test Kits

House
Cleaning
Services

Fake Charities

COVID-19
Scams



The scams may have changed, but protecting yourself hasn't.



DON'T answer the phone if you don't recognize the caller.



DON'T answer your door to someone you don't know.



DON'T open email from an address you don't recognize.



NEVER give out your social security number, date of birth, or bank account number over the phone or via email.



NEVER click on links in emails.



REMEMBER, if it seems too good to be true, it probably is!





Ignore phone calls and emails asking for information or offering to help.



No one should ask for your bank account number, social security number, or other personally identifying information.



Never agree to sign your stimulus check over to someone you don't know.



Don't trust scammers who offer to get your check or direct deposit processed more quickly.



For questions about Stimulus Checks, the only trusted resource is the IRS: www.irs.gov

Stimulus Check Scams



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trusted
resources

**Adult Protective
Services**

**1-800-675-8437 or
www.smchealth.
org/elderabuse**





Rely on
trusted
resources

LIVE HEALTHY

[Health Alerts](#) ▾

[Coronavirus](#)

[Disease & Prevention](#) >

[Emergency Preparedness](#) >

[Healthy Environment](#) >

[Report a Problem](#) >

[Safe Waste Disposal](#) >

[Health Insurance](#)

COVID-19 CALL CENTER

Call 2-1-1 with all non-emergency and non-medical inquiries

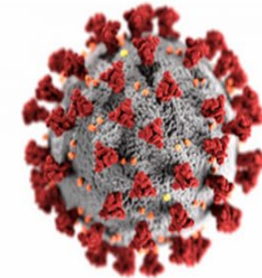
Available 24/7

Questions about sheltering in place or other county services impacted by COVID-19?

[See the County website >>](#)

NOVEL CORONAVIRUS (COVID-19)

San Mateo County Health is working closely with the California Department of Public Health (CDPH) and the Centers for Disease Control and Prevention (CDC) to respond to novel coronavirus and its potential impacts on the Bay Area.



SAN MATEO COUNTY COVID-19 AND OTHER HEALTH DATA

[Read more >](#)

HEALTH OFFICER STATEMENTS AND ORDERS

[Read more >](#)

LOCAL NEWS YOU NEED

[Read more >](#)

RESOURCES

> [Centers for Disease Control and Prevention \(CDC\)](#)

24-hour call center:
2-1-1



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resources

The AARP

**1-877-908-3360
or www.aarp.org**



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**The Consumer
Financial
Protection Bureau**

www.consumerfinance.gov



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